

## Children's Services Providers Forum

23/03/19

Alison Peeble presented the Impact Art therapy programme, which is free, and specifically aimed at children affected by ACES. It was useful to know that there can be referral from 3<sup>rd</sup> sector and self-referral to this very positive support. Alison spoke of the marked difference in children before and after the sessions which build confidence and self-esteem.

Lauren Cameron is the new policy officer for HSCP Children's services. She facilitates and supports the Children's Services Plan, Poverty Action Plan, Fair for All Strategy and any policy relating to children. Lauren reported that the CS Plan would be reviewed annually and we discussed ways that the Third Sector may demonstrate the valuable contributions made to the plan and also in addressing child poverty. The possibility of arranging workshop sessions was discussed, these would include Lynn McNiven and Fiona McBride's work around Health and Trauma.

Fiona McBride from Children 1<sup>st</sup> presented the work that is being done around Trauma Sensitive practice. This is something that all services should be aware of. Children's 1<sup>st</sup> have had ACES in their sight for the last 4 years and appear to be leading in their own practice by way of a trauma informed workforce. Fiona spoke of the importance of care in the use of language around how we approach people affected by trauma, such as no longer referring to 'service users' but instead to families, parents and more generic terms. Changing attitudes by discussing distressed behaviour instead of challenging behaviour, definitely alters the perspective.

Presentation from Dr Colin Morrison on Pupil Inclusion Network, invaluable links and sources for information to support children. Including helpful publications on exclusion from school, events, themed reports on Curriculum, ACES and many other areas.

It is suggested that organisations complete the short sign in to use the site, share it with colleagues and also with the parents and families they work with.

<http://www.pinscotland.org/>

RSHP (relationships, sexual health and parenthood) is another very useful platform for anyone working with or caring for young people. Colin talked us through the stages of information for each level of development to fully support and address any questions around RSHP. The drop down menus clearly display which information supports what may seem 'difficult questions' around sex and relationships. Worth signing in to utilise the resources and also to share with colleagues and families. <https://rshp.scot/>

GIRFEC was discussed and Andrew Kier suggested we visit the Pan Ayrshire GIRFEC website for further information.

<http://girfec-ayrshire.co.uk/>

For information on the Pan Ayrshire group for Infant, Children & Young People Transformational Board Lynn suggested: <http://girfec-ayrshire.co.uk/childrens-change-programme/implementation-of-cypa/>

More about training being offered by the child protection committee and Trauma informed Practice; <file:///C:/Users/vicki/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/74IJKDAW/Resilience%20and%20Trauma%20Informed%20Practice%2023.04.19.pdf>